

Institute of Dentistry, CMH Lahore Medical College

PHYSIOLOGY STUDY GUIDE First Year BDS

2022 - 2023

Updated on 27 October 2023

INTRODUCTION TO STUDY GUIDE:

This study guide book is designed for Dental undergraduates by consolidated effort of all subjects across the year to provide Dental students of IOD CMH Lahore Medical College a resource material which would highlight important aspects of curriculum. The study guide aims to promote self-regulated lifelong learning among students by giving them the control over their learning.

The pervasive curriculum aspects of undergraduates' competencies, assessment policies and curriculum coordinators are mapped in his guide book. Horizontal integration across the year better conceptual understanding while vertical integration promotes clinically relevant understanding. IOD CMH aims to improve health indicates of society by improvement of students and doctors in preventive health service provision and health education provision to society through community programs.

The study guide gives an overview of intended course outcomes and objectives in relation to the course content. The assessment methodology tailored to intuitional strategy is provided.

This study guide has been carefully designed keeping in view PMDC and NUMS curriculum and guide lining dedicated effort by faculty is done to make this guide tailored to student's needs. Students feedback has been seeded and incorporated at all stages during study guide development. Curriculum is a living dynamic entity. Our aim to improve it by every passing day. This humble effort of all faculty acts as a guiding light for our dear students.

VISION STATEMENT

The CMH Lahore Medical College and Institute of Dentistry aims to provide a highly conductive environment to train a new generation of technology savvy and socially responsible healthcare providers who are well-versed with their role within a healthcare team and while serving the community, demonstrate abilities to practice requisite communication skills, empathy, lifelong learning, critical thinking and decision making at a national or an international facility.

MISSION STATEMENT

The mission of CMH Lahore Medical College and Institute of Dentistry is to undertake following steps to materialize their vision:

- 1. Ensure provision of a conducive educational environment where students feel well-supported through implementation of learner-cantered teaching approaches, inbuilt strong feedback loops and physically comfortable learning environment.
- 2. Sensitization of students about their role in the society as socially responsible professionals through participation in extracurricular activities like community-based programs, patient welfare societies, blood donors' society, and productive contribution to combat local and national calamities.
- 3. Students' exposure to the healthcare community, where sympathy and empathy are the cornerstones of our practice. Students commit to understanding their patients not only through their medical conditions but also through their emotions, fears, and unique life experiences. By fostering a culture of compassion, students aim to provide not just medical care but genuine understanding and support to enhance the well-being of those we serve.
- 4. Students' exposure to cutting-edge technology through campus learning management system and development of their e-portfolios.
- 5. Leadership and Smart Learning Strategies through implementation of interprofessional curriculum for undergraduate health professions' education students enrolled in medical, dental, allied health sciences, and nursing programs.
- 6. Provision of opportunities to undergraduate and post-graduate students to have practical experience of leading, working as a team member, critical thinking, problem solving, and decision making.
- 7. Formal teaching and training of professionalism for students to develop their full potential including communication, and lifelong learning skills through portfolio development among undergraduate and postgraduate students.
- 8. Implementation of a task-based and outcome oriented longitudinal module on 'Research' for undergraduate students, leading to publication of research article/s and for cultivation of evidence-based practices.

Rationale of Curriculum

The curriculum is designed to address both local and international needs. The curriculum is focused to prepare students for the international licencing exams and training abroad as well as empowering them to treat local patients with safety and efficiency. Dentists work as a healer in the community. A dentist should have evidence based and update knowledge about the epidemiology of the practicing area. The curriculum of IOD CMH LMC is planned with a collaboration of clinical and basic sciences faculty in addition to students and family medicine department to ensure that the prevailing health conditions of the society are treated and dealt with effectively. The emergence of new techniques in preservation of existing dentition and restoration of the lost dentition and oral structures has led to changes in the curriculum with more emphasis on new and advanced techniques, procedures and evolution of new and advanced technology (e.g. CADCAM & Implants).

Introduction to Curricular Framework

This study guide is developed as resource assistance to the students and faculty. The study guide development process included representation from teaching faculty, management, leadership of college and students. The study guide is made to achieve and alignment between societies' needs, institutional needs, patient needs & student's needs.

The curriculum implemented is a hybrid type of curriculum which has both

horizontal and vertical integration. Spiral integration is introduced as an adjunct to horizontal and vertical integration. The curriculum spans over 3 phases PHASE 1 (Year 1&2): Includes basic sciences Anatomy, Physiology, Biochemistry, Oral Biology & Tooth Morphology, Sciences of Dental Materials, Pharmacology and Community Dentistry, General Pathology, Islamiyat and

It also includes preclinical Prosthodontics and Operative Dentistry.

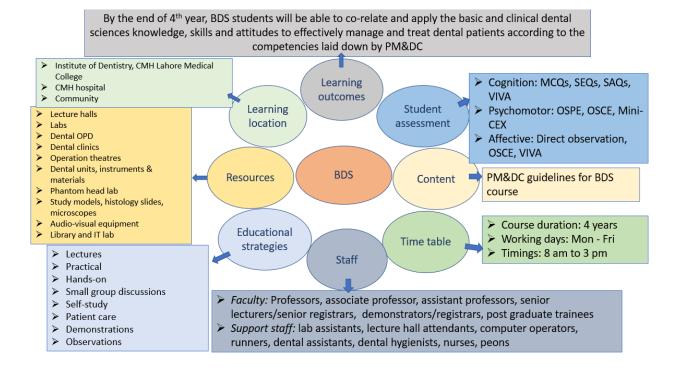
Pakistan Studies.

PHASE 2 (Year 3rd & Final Year): includes Periodontology, Oral Pathology, Oral Medicine, General Medicine, General Surgery, Oral Surgery, Prosthodontics, Orthodontics, Operative Dentistry.

4 Years Curricular Framework:

BDS SCHEME OF STUDIES

BASIC DENTAL SCIENCES / PRE-CLINICAL YEAR		CLINICAL YEARS	
1st YEAR	2nd Year	3rd Year	Final Year
Anatomy	Science of Dental Material	Periodontology	Prosthodontics
Physiology	General Pathology Oral pathology		Operative Dentistry
Biochemistry	Pharmacology	Oral Medicine	Oral Surgery
Pak studies & Islamic Studies	Community Dentistry	Gen. Medicine	
O 10:1 0 T d	Pre-Prosthodontics	Gen. Surgery	Orthodontics
Oral Biology & Tooth Morphology	Pre-Operative Dentistry	Oral Surgery	
		Prosthodontics	
	Self-Directed Le	arning Sessions	



BDS Programme Curricular Outcomes:

At the end of four years dental undergraduate program, the graduates should be able to:

- 1. Independently assess the patients, order relevant investigations, and formulate a treatment plan.
- 2. Render treatments in the domain of general dental practitioners to their patients in time efficient and quality-controlled manner.
- 3. Practice evidence-based dentistry.
- 4. Correlate basic dental sciences knowledge and skills with clinical dental practice.
- 5. Modify dental treatments according to patient's special needs, if any, in the form of medical conditions, physical or mental disabilities etc.
- 6. Assess and refer the patients with case difficulty indices requiring consultation or treatment by specialists.
- 7. Show empathy and respect in their attitude and behaviour towards their patients.
- 8. Maintain high ethical and professional standards in their pursuit of clinical excellence.
- 9. Draw upon their existing knowledge and update it through continuing education programs.
- 10. Exercise infection control protocol guidelines laid out by their local health councils.
- 11. Exercise management qualities to maintain single or multiple unit private practices where applicable.
- 12. Work in a team of other health care professionals including dentists, dental assistants, dental hygienists, laboratory technicians, ceramists and dental nurses etc.
- 13. Maintain patient records with emphasis on legal and patient confidentiality aspects.
- 14. Provide basic life support to patients requiring critical care in or outside dental set up.
- 15. Manage dental emergencies in a dental set up.
- 16. Demonstrate clear verbal and written communication skills.

Co-ordinators First Year BDS 2022-2023:

Coordinator Name	Department	Tel Extension
Dr. Shaista Arshad Assoc. Professor	Anatomy	494
Dr. Ayesha Sadiqa Assoc. Professor	Physiology	463
Dr. Saira Atif Professor	Oral Biology & Tooth Morphology	335
Prof. Dr. Aamenah Malik Professor	Bio Chemistry	503

Hours of Teaching for Year 1 BDS for the Session:

Sr. No.	Subject	Lecture & Tutorial hours	Practical/ Dissection hours	Self-study hours	Total hours at IOD	Hours required by PMC
1	Anatomy	116	336	-	452	400
2	Physiology	152	66	36	254	250
3	Biochemistry	132	66	-	198	170
4	Oral Biology & Tooth Morphology	135	72	-	207	160
5	Islamiyat & Pakistan Studies	36	-	-	36	35

The Physiology Department since inception of the college has made a steady and noteworthy progress. The department is headed by Assoc. Prof. Dr. Ayesha Sadiqa ably supported by a team of seasoned and experience teachers. This department is well known for providing not only world class training to the under-graduates but also in breeding curiosity to know the unknown. The faculty members of this department who are highly qualified and dedicated are the source of inspiration for all their students to seek guidance for their academic and professional excellence. They along with the Head of the Department have established an up-to-date laboratory as well as BIOPAC student lab that is an integrated life science teaching solution that includes hardware, software and curriculum materials that students and faculty use to record data from their own bodies, animals or tissue preparations. A post-graduate section has been established where, under permission from the NUMS University we hope to start our M.Phil. (Physiology) classes in the very near future.

Aim:

- To expedite the academic growth and development of the undergraduate students.
- To enhance the culture of research in both under and post graduate students.
- Development of trained medical faculty in basic sciences.

Resources:

- A. Teaching resources.
- B. Supporting staff.
- C. Infrastructure resources.

Teaching Resources:

Faculty Members:

	DEPARTMENT OF PHYSIOI	LOGY INVOLVED IN BDS TEAC	HING
1	Dr. Ayesha Sadiqa	Assoc. Professor (HOD, IOD)	BDS, M.Phil., PhD.
2	Dr. Sahar Awais	FCPS Part-II Trainee	MBBS
3	Dr. Aisha Bashir	FCPS Part-II Trainee	MBBS
4	Dr. Mariam Anwar	Demonstrator	BDS
5	Dr. Haider Salman	Demonstrator	BDS

Supporting Staff

- Lab in-charge 1.
- Lab assistants and technician 5.
- Computer operator 1.
- Personal assistant 1.
- Lecture hall attendant 1.
- Store keeper 1.
- Runner 1.

Infrastructure Resources:

Sr. #.	Infrastructure Resources	Quantity
1	Lecture hall	1
2	Physiology lab Lab supplies Equipment Microscopes	1
	Small group discussion room	1
3	Mini library	1

Teaching and Learning Strategies:

 Multiple educational methods will be used comprising of self-study, interactive lectures, group discussions, tutorials, practical, and manual dexterity skill sessions.

(i) Methods for achieving cognitive objectives:

- Interactive lectures using audio visual aids on power point presentation.
- Group discussions in form of large group and small group.
- Collaborative learning.
- Self-study and reading from learning resources.

(ii) Methods for achieving psychomotor objectives:

• Performing lab exercises and practical.

(iii) Methods for achieving affective objectives:

- Interaction with peers, group members, teachers, support staff etc.
- Group discussions (small and large).
- Oral presentations by students

Learning Methodologies:

The following teaching /learning methods are used to promote better understanding:

- Interactive lectures.
- Small group discussions.
- Practical and manual skill sessions.
- Self-directed learning.
- Assignments.
- Oral presentations by students.

Interactive lectures:

In large group, the lecturer introduces a topic which explains the underlying phenomena through questions, pictures, exercise, etc. Students are actively involved in the learning process.

Small group discussions:

This format helps students to clarify concepts and acquire skills and attitudes. Students exchange opinions and apply knowledge gained from lectures and self-study. The facilitator role is to ask probing questions, summarize, or rephrase to help clarify concepts.

Practical and manual skills:

In practical sessions students perform practical as assigned in the curriculum and syllabus provided by PMDC. They are also required to maintain a practical manual of the lab work. Understanding and effectively using the microscope, lab apparatus, blood pressure apparatus etc.

Self- directed learning:

Students' take responsibilities of their own learning through individual study, sharing and discussing with peers, seeking information from Learning Resource Centre, teachers and resource persons within and outside the college. Students can utilize the time within the college scheduled hours or afterwards for self-study.

Assignments:

Students are given written formative assignments on designated topics.

Curriculum Implementation:

Curriculum implementation refers to putting into practice the official document including course content, objectives, learning and teaching strategies. Implementation process helps the learner to achieve knowledge, skills and attitudes required of the learning tasks. Learners are a pertinent component of the implementation process. Implementation occurs when the learner achieves the intended learning experiences, knowledge, ideas, skills and attitudes which are aimed to make the learner an effective part of the society. Curriculum implementation also refers to the stage at which curriculum is put into effect. There has to be an implementing agent as well. Teacher is an important part of this process and implementation of the curriculum is the way the teacher selects and utilizes various components of the curriculum. Implementation occurs when the teacher's formulated course content, teacher's personality and teaching and learning environment interact with the learners. Therefore, curriculum implementation is how the officially planned course of study is translated and reflected by the teacher into schemes of work, lesson plans, syllabus and resources are effectively transferred to the learners. Curriculum implementation can be affected by certain factors such as teachers, learners, learning environment, resource materials and facilities, culture and ideology, instructional supervision and assessments.

Personnel involved in teaching and facilitation:

(i) Lectures delivery by:	Assoc. Prof. Dr. Ayesha Sadiqa	(Course coordinator
IOD)		
	Dr. Ambreen Tauseef	(Professor)
	Dr. Jawaria Ilya	(Assistant
Professor)		
	Dr. Amna Nadeem	(Assistant
Professor)		
	Dr. Sahar Awais	(FCPS Part-II
Residence)		
	Dr. Aisha Bashir	(FCPS Part-II
Residence)		

(ii) Demonstrators for practical sessions:

Dr. Sahar Awais, Dr. Aisha Bashir, Dr. Mariam Anwar, Dr. Haider Salman,

(iii) Support staff: 11

Time Frame:

Course duration: 36 weeks

Lectures: Monday (08:00 to 08:55am), Tuesday (8:55 to 9:50am),

Thursday (12:10 to 01:05am), Friday (08:00-09:00)

Total Hours of Lectures: 152

Tutorial: Tuesday (9:50 to 10:45am) alternate week

Practical: Wednesday (11:15am to 1:05pm), Thursday (1:05 to 3:00

pm),

Friday (11:00am to 01:00pm)

Total Hours of Practicals / Tutorials: 66

Self-study: Friday (02:00 to 03:00pm)

TOTAL HOURS OF FELF STUDY: 36
TOTAL STUDY HOURS: 254

Academic Calendar:

BLOCK I	BLOCK II	BLOCK III
15+1=16 weeks	11+1=12 weeks	10+1=11 weeks

Research Methodology & Evidence based Medicine, Islamiyat, Pakistan Studies

Behavioral Science & Professionalism

		PHYSIOLOGY		
Introduction	Comprehend the basic concepts of Physiology	Describe the organization of human body (from cell to multicellular organism)	LGIS	Assignment

BDS YEAR I
BLOCK I
MODULE II
CELL STRUCTURE & FUNCTION
Duration: 03 weeks

	CEL	L & GENERAL PHYSIOLOGY		
Topic/ Theme	Learning outcomes	Learning Objectives/Contents	Instructional strategies	Assessment tool
Homeostasis	Appraise functional Organization of the Human Body and Control of the "Internal Environment"	 Recognize the interplay of various organ systems in maintaining homeostasis. Identify the role of feedback mechanisms (positive, negative, feed forward) in maintaining 'internal milieu'. Differentiate between composition of intracellular and extra cellular fluid 	LGIS	MCQ SAQ/SEQ Structured viva
Cell Physiology	Relate the structure of cell and its various components to metabolic processes, genetic control and locomotton	Revisit the structure and function of the cell and its organelles (cell Membrane, cytoplasmic organelles, nuclear membrane, nuclear organelles) Classify various Compare and contrast modes of transport of substances across the cellmembrane with examples (osmosis, diffusion, facilitated diffusion, primary active transport, secondary active transport)	LGIS	MCQ SAQ/SEQ Structured viva
		NERVE & MUSCLE		
Membrane Potentials	Differentiate various types and phases of action	Appraise basis of development of membrane potential across excitable	LGIS	MCQSAQ/SEQ-Structured

and Action Potentials	potentials on the basis of nerve morphology, concentration of ions in body fluid compartments and clinical significance.	membrane. Recognize Nernst potential and its importance in generation of membrane potential. Identify various factors/mechanisms responsible for the genesis of membrane potential (role of channels, carrier proteins, stimuli). Illustrate different phases of action potential mentioning details of ionic changes occurring during each phase of action potential. Distinguish types and importance of refractory period. Differentiate between myelinated and nonmyelinated and nonmyelinated nerve fibers based on their structure and characteristics.		viva
Excitation contraction coupling and NMJ	Contraction Coupling with various neuromuscular diseases.	 Tabulate macroscopic, microscopic, functional differences of smooth, skeletal and cardiac muscle Illustrate neuromuscular junction, sequence of events taking place during neuromuscular transmission Explain the physiological importance of a motor unit Describe the ionic and chemical basis of muscle contraction. Distinguish between phases of muscle contraction in detail. Relate the pathophysiology of neuromuscular 	LGIS	MCQ SAQ/SEQ Structured viva
Excitation and Contraction of Smooth Muscle	Appreciate characteristics of smooth muscle contraction with their physiological significance.	transmission in myasthenia gravis Describe the role of SER in smooth muscle contraction.	LGIS	MCQ SAQ/SEQ Structured viva

Practicals /SGDs:

- 1. Microscopy
- 2. Record the Blood Pressure of an SP using palpatory and Auscultatory Method.
- 3. Record the effects of posture and Exercise on Blood Pressure

BDS YEAR I
BLOCK I
MODULE III
HAEMATOLOGY & IMMUNOLOGY
Duration: 03 weeks

	HEMATOLOGY AND IMMUNOLOGY					
Topic/ Theme	Learning outcomes	Learning Objectives/Contents	Instructional strategies	Assessment tool		
Hemopoiesis	Describe the Morphology and Genesis of blood cells	 Differentiate between various types of blood cells on the basis of their morphological and physiological characteristics. Overview sites of hemopoiesis in the body during different stages of life along with composition and Functions of bone marrow. Identify the factors regulating erythropoiesis and maturation of RBC. Appreciate the composition of 	LGIS	 MCQ SAQ/SEQ Structured viva 		

		blood and general functions of blood. • Explain different types of plasma proteins with their functional significance		
Red Blood Cells Dyscrasias	Differentiate between various types of anemias and their clinical and lab presentation	 Relate the morphology and physiology of different types of hemoglobin Compare and contrast different types of anemia on the basis of etiology, pathophysiology, clinical presentations and blood picture. Describe etiology, pathophysiology and clinical presentation of polycythemia. 	LGIS	MCQ SAQ/SEQ Structured viva
WBCs & Immunity	Classify different types of immunity on the basis of cell types and their role in defense mechanism.	 Relate the morphology and physiology of different WBCs with clinical presentations of leucopenia, leukocytosis and leukemia. Appraise the clinical significance of RES reticuloendothelial system. Describe pathophysiology of inflammation and necrosis 	LGIS	MCQSAQ/SEQStructured viva

		Describe the physiological basis of vaccination.		
Hemostasis and Blood Coagulation	Compare and contrast various bleeding disorders.	Identify role of cells and proteins involved in the process of maintaining hemostasis. Differentiate between intrinsic and extrinsic regulations of blood coagulation Discuss the morphology, etiology, pathophysiology and clinical presentation of thrombocytopenia, thrombocytosis and hemophilia	LGIS	MCQ SAQ/SEQ Structured viva

Blood grouping and Transfusion reactions	Analyze transfusion reactions	 Explain the principles of blood grouping keeping in view their physiological significance. Identify the various blood groups and hazards of matched and mismatched blood 	LGIS	l	MCQ SAQ/SEQ Structured viva
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BDS YEAR I
BLOCKI
MODULE IV
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Duration: 05 weeks

CVS				
Topic/ Theme	Learning outcomes	Learning Objectives/Contents	Instructional strategies	Assessment tool
Physiological anatomy of heart and cardiac action potential	Appreciate the functional characteristics of cardiac muscle, action potential and cardiac impulse	 Appreciate physiological arrangement of right and left hearts along with the parallel arrangement of systemic circulation. Recognize physiological anatomy of cardiac muscles, its functional syncytium and intercalated disc Differentiate between cardiac, skeletal and smooth muscles based on macro-, microscopic and functional differences, action potentials. Distinguish ionic changes in different phases of action 	LGIS	MCQ SAQ/SEQ Structured viva

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Cardiac cycle	Compare and contrast the pressure and	potential within cardiac muscle Correlate the phases with ionic changes during pacemaker action potential in heart Comprehend cardiac impulse transmission Illustrate pressure and volume changes during various phases of	LGIS	MCQ SAQ/SEQ Structured
	volume changes in different components of circulatory system during cardiac cycle	cardiac cycle Illustrate pressure- volume diagram of left heart Comprehend preload and afterload, its influence on stroke volume (The Frank- Starling's mechanism) Discuss the autonomic regulation of heart		viva
Control of Local Blood	Identify the dynamics of local and peripheral Blood flow	 Distinguish between acute and chronic control of local blood flow. Conceptualize active and reactive hyperemia Relate the blood flow control to total peripheral resistance 	LGIS	MCQ SAQ/SEQ Structured viva
Cardiac output and venous return	Analyze the factors regulating venous return and cardiac output at rest and during exercise.	 Understand the determinants of cardiac output and factors affecting cardiac output. Appreciate the mechanics of low and high cardiac outputs along with their effects on heart. Comprehend the factors affecting stroke volume, heart rate and total peripheral resistance. List the functions of 	LGIS	MCQ SAQ/SEQ Structured viva

		veins		
		 Identify factors regulating venous return and significance of venous reservoirs. Appreciate the equality of cardiac output and venous return. 		
Arterial blood pressure	Summarize regulatory mechanisms of blood pressure & cardiac output control in health and disease	 Comprehend the determinants of arterial pressure, factors affecting and mechanisms regulating blood pressure on short-and long-term basis. Recognize mean arterial pressure and its significance. Comprehend the individual and integrative role of baroreceptors, chemoreceptors, chemoreceptor, volume receptors, arterial natriuretic factors and Renin-angiotensin aldosterone system in regulation of arterial pressure. Understand the characteristics of regional circulations (skeletal muscles, pulmonary, coronary & cerebral) and factors regulating thereof 	LGIS	SAQ/SEQ Structured viva
Circulatory shock	Compare various types of shock and their pathophysiology	 Discriminate various types of shock, its types and stages of development Differentiate between compensated and uncompensated shock. Recognize the short term and long-term 	LGIS	MCQ SAQ/SEQ Structured viva

		compensatory mechanisms in circulatory shock. Diagnose and treat various types of shock based on clinical scenarios		
ECG	Interpret normal ECG	 Comprehend basis of ECG, different ECG Leads and their placements Draw and label normal ECG showing various waves, segments and intervals Understand significance of waves, segments and intervals of ECG Calculation of heart rate and various intervals and segments Appreciate relationship between vector and lead, type and locations of leads and principles for vector analysis in a normal heart 	LGIS	SAQ/SEQ Structured viva

Practicals/SGDs:

- 1. Record Interpret normal ECG by placing all the chest and limb leads on an SP
- 2. Examine the Radial Pulse and comment on rate, rhythm and character.
- 3. Examine the Heart Sound on Pulmonary, Aortic, Mitral and Tricuspid areas

BDS YEAR I

BLOCK II

MODULE V

RESPIRATORY SYSTEM

Duration: 02 weeks

	RESPI	RATORYANDHIGHALTITUDE		
Topic	Learning Outcomes	Learning Objectives/Contents	Instructional Strategies	Assessment tools
Introduction to Respiratory System	Correlate the anatomy of respiratory tract with its functions Appreciate the role of conductive and gas exchange zones of lungs	Recognize the functional anatomy of various parts of respiratory system Highlight the non-respiratory functions of respiratory tract	LGIS	MCQ/SAQ/ structured viva
Pulmonary Mechanics	Analyze the mechanics of respiration Analyze lung volume and pressure changes during quiet and forceful breathing	 Distinguish functions of inspiratory and expiratory muscles during quiet and forceful respiration Correlate normal lung volumes capacities to various pressures and volume changes during forceful respiration and changes in volume and capacities 	LGIS	MCQ/SAQ/ structured viva
Pulmonary Compliance	Explain factors determining pulmonary compliance	 Discern lung and chest wall compliance Identify composition & role of surfactant in alveolar surface tension State concept of work of breathing 	LGIS	MCQ/SAQ/ structured viva
Respiratory Membrane & Diffusion of Gases	Compare the different modes of gas transport in blood	Appreciate the layers of respiratory membrane in detail Appraise concept of diffusing capacity through respiratory membrane Identify factors affecting	LGIS	MCQ/SAQ/ structured viva

	gas diffusion through respiratory membrane	

Diffusion of gases & Oxygen transport		 State the mechanics of oxygen diffusion from alveoli to blood Distinguish mechanism of oxygen transport in the arterial blood, tissue fluid and cell 	LGIS	MCQ/SAQ/ structured viva
Oxygen transport & Dissociative curve		Identify the role of Hb in oxygen transport Analyze normal oxygen-hemoglobin dissociation curve by explaining factors that shift oxygen-hemoglobin dissociation curve to right and left	LGIS	MCQ/SAQ/ structured viva
Carbon dioxide transport		 Identify various chemical form in which C02 is transported in blood Discern normal C02 dissociation curve explaining Bohr effect, haldane effect and chloride shift 	LGIS	MCQ/SAQ/ structured viva
Hypoxia and cynosis	Compare the	 Differentiate between hypoxia and cyanosis Explain types of hypoxia and cyanosis Describe menifestations of hypoxia and cynosis 	LGIS	MCQ/SAQ/ structured viva
regulation of respiration	Compare the chemical and neural regulation of	 State different group of neurons composing respiratory center 	LGIS	MCQ/SAQ/ structured viva
	respiration during rest and exercise Correlate ventilation with perfusion in different lung zones	Review nervous control of inspiration and respiratory rhythm Recognize the regulatory mechanism of hering-breuer inflation reflex		
Chemical regulation of respiration		Appraise location, function and stimulation (by C02 and H+) of central chemosensitive area	LGIS	MCQ/SAQ/ structured viva

Identify the role of peripheral chemoreceptors for control of respiration Determine the composite effects of PC02, pH, &	
P02 on alveolar ventilation	

Practicals/SGDs:

- 1. Determination of Platelet count
- 2. Determination of Haemoglobin in the blood. (Sahili's method)
- 3. Determine Red cell indices

_	ENDOCRINOLOGY					
Module/ Topics	Learning Outcomes	Learning Objectives/Contents	Instructional Strategies	Assessment tools		
Basics of endocrinology & Mechanism of action of hormones	Appraise the mechanisms of action of hormones	Identify the various hormone receptors and their activation Explain the mechanism of intracellular signaling after hormone receptor activation Explain the second messenger mechanisms for mediating intracellular hormonal functions Identify the hormones that act mainly on the genetic machinery of the cell	LGIS	MCQ/SAQ/SE Q/ structured Viva		
Hormones of hypothalamus and Pituitary gland		Explain the pituitary gland and its relation to the hypothalamus Summarize the hypothalamic-hypophysial portal blood vessels of the anterior pituitary gland and its significance	LGIS	MCQ/SAQ/SE Q/ structured Viva		
		Recall the functions and regulation of growth hormone Differentiate between hypopituitarism and hyperpituitarism and its pathophysiological basis	LGIS	MCQ/SAQ/SE Q/ structured Viva		

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The side should		Explain the posterior pituitary gland and its relation to the hypothalamus Describe the physiological functions of ADH and oxytocin Hormone	1.010	100/040/05
Thyroid gland		Recall the synthesis and secretion of the thyroid hormone Explain the functions of the thyroid hormone Summarize the regulation of thyroid hormone secretion Identify the disorders of the Thyroid gland and their pathophysiological basis	LGIS	MCQ/SAQ/SE Q/ structured Viva
Calcium regulating hormones		Explain the regulation of calcium and phosphate in the extracellular fluid and plasma Enlist the actions of vitamin D Explain the effect of parathyroid hormone on calcium and phosphate concentrations in the extracellular fluid Summarize the control of parathyroid secretion by calcium ion concentration Describe the actions of calcitonin Explain the pathophysiology of parathyroid hormone, vitamin D, and bone diseases	LGIS	MCQ/SAQ/SE Q/ structured Viva
Hormones of adrenal cortex	Appraise the mechanisms of action of hormones	Explain synthesis and secretion of adrenocortical hormones Enlist the functions of aldosterone Enlist functions of the glucocorticoids Describe the disorders of adrenocortical secretion and their pathophysiological basis	LGIS	MCQ/SAQ/SE Q/ structured Viva
Pancreas	Give pathophysiological basis of glucose regulation	Explain glucose metabolism with its regulation	LGIS	MCQ/SAQ/SE Q/ structured Viva
Practicals/SGDs	s :		•	•

- 1. Estimate haematocrit (PCV)
- Estimate ESR by Westergren method
 Determine ABO Rh blood groups.

BDS YEAR I BLOCK II MODULE VII CRANIOFACIAL Duration: 04 weeks

Craniofacial (Special Senses)					
Module/ Topics	Learning Outcomes	Learning Objectives/Contents	Instructional Strategies	Assessmen t tools	
Physiology of Eye	Explain the physiology of optical system of eye and understand errors	Explain refraction and concept of convergence and divergence. Define focal length, focal point and power of lens.	LGIS CBL Practical demonstration and performance	MCQ/SAQ/SE Q/ structured Viva/OSPE	
	of refraction	Differentiate between emmetropia, myopia, hyperopia, astigmatism, presbyopia and describe their treatment			
	Correlate physiological anatomy of retina with its neural functions	Explain physiological anatomy of retina Discuss photochemistry of vision Explain visual pathways and accommodation reflex pathways	LGIS CBL Practical demonstration and performance	MCQ/SAQ/ SEQ/ structured Viva/OSPE	
Physiology of Ear	Explain the physiology middle ear	Describe the physiological Anatomy of ear Explain the mechanism of conduction of sound waves through the ear to the cochlea Describe "Impedance Matching" and its importance	LGIS	MCQ/SAQ/ SEQ/ structured Viva/OSPE	
Division		Describe the process of attenuation of sounds	1.010	MCQ/SAQ/	
Physiology of taste	Explain the physiology of taste sensation and its pathway	Describe the primary sensations of taste Describe the mechanism of stimulation of taste buds and the transmission of signals to CNS	LGIS CBL Practical demonstration and performance	SEQ/ structured Viva/OSPE	
Physiology of olfaction	Explain the physiology of olfaction and its pathway.	Explain the physiological anatomy of olfactory membrane. Explain the mechanism of stimulation of olfactory cells.	LGIS CBL	MCQ/SAQ/ SEQ/ structured Viva	
	· 	Identify the primary sensations of smell			

	Describe the transmission of signals of olfaction into the central nervous system	
Practicals/SGDs:		

- Estimate bleeding clotting time.
 Determination of DLC.

BDS YEAR I
BLOCK III
MODULE VIII
NEUROSCIENCES & NUTRITION
Duration: 06 weeks

Neurosciences				
Topic/ Theme	Learning outcomes	Learning Objectives/Contents	Instructional strategies	Assessmen t tool
Sensory receptors & receptor Potential	Interpret the physiological mechanisms controlling the functions of sensory system.	 Classify the various types of sensory receptors. Explain the sensory stimuli and differential sensitivity of receptors. Explain the sensory transduction into nerve impulses. Describe the local electrical currents at nerve endings—receptor potentials, adaptation of receptors Classify the nerve fibers that transmit different types of signals on the physiological basis. Describe the transmission of signals of different intensity in nerve tract (spatial and temporal summation) 	LGIS	MCQ SAQ/SEG Structured Viva
Sensory tracts and cortex	Explain the dorsal column medial lemniscal system	Identify the sensations carried by different sensory	LGIS	MCQ SAQ/SEC
	and anterolateral pathways	tracts Differentiate between different sensory tracts Describe the somatosensory cortex and somatosensory association areas Explain the various thermal sensations, thermal receptors and their excitation and transmission of thermal signals in the nervous system		Structured Viva
Brain analgesia system	Correlate the pathophysiological basis of pain pathways to their clinical significance	 Classify the different types of pain. Compare and contrast the perception and transmission of the different types of pain. Explain the pain suppression system in the brain and spinal cord. Describe the brain's opiate system—endorphins and enkephalins. Describe the clinical abnormalities of pain and other somatic sensations Explain pathophysiological significance of referred and visceral pain 	LGIS	MCQ SAQ/SEQ Structured Viva

Motor system / Spindle / stretch reflex	Interpret the physiological mechanisms controlling the functions of motor system and higher mental functions.	 Relate the organization of grey and white matter in spinal cord to the pathophysiology of various spinal cord injuries. Explain the role of proprioceptors (muscle spindles and Golgi tendon organs) in motor movements Explain stretc. reflex Describe the flexor reflex and the crossed extensor reflex. 	LGIS	MCQ SAQ/SEQ Structured Viva
		 Explain the reciprocal inhibition and reciprocal innervation. Identify the reflexes of posture and locomotion in the spinal cord. 		
	Correlate functions and abnormalities of basal ganglia and cerebellum	 Explain physiological anatomy or cerebellum and basal ganglia Explain significance of basal ganglia and cerebellum in motor control 	LGIS	MCQ SAQ/SEQ Structured Viva
Hypothalamu s	Correlate physiological anatomy with disorders of hypothalamus	Explain functions of hypothalamic nuclei	LGIS	MCQ SAQ/SEQ Structured Viva

- Examine the 1ST 6TH Cranial nerves on an SP
 Examine the 7th 12th Cranial nerves on an SP

BDS YEAR I BLOCK III MODULE IX
MODULE IX
DIGESTIVE SYSTEM
Duration: 02 weeks

GIT					
Topic/ Theme	Learning outcomes	Learning objectives/content	Instructional strategies	Assessment tool	
Neural control of GIT	Analyze the interplay of autonomic and enteric nervous system in GI motility	 Appraise physiologic anatomy of gastrointestinal tract with specific focus on role of interstitial cells of Cajal Compare functions of mesenteric and myenteric plexuses Link the role of autonomic nervous system in GI motility 	LGIS/SGD	MCQ/SAQ/ structured viva	
Food Processing In oral cavity	Correlate the Pathophysiology of Mastication and deglutition with specified clinical presentations	 Recognize the role of teeth, tongue, cheeks and saliva in assimilation and digestion of food. Distinguish three phases of deglutition reflex Outline different types of peristalsis in esophagus are taking place 	LGIS	MCQ/SAQ/ structured viva	
Vomiting reflex Liver	Describe mechanism (stimuli, pathways, center) and clinical significance of vomiting reflex To analyze the non-metabolic functions of liver	 Explain the mechanism of vomiting reflex Appraise the location and function of vomiting center/ chemoreceptor trigger zone in the brain Explain the role of liver in non-metabolic domains and give clinical importance of 	LGIS	MCQ/SAQ/ structured viva MCQ/SAQ/ Structured viva	
Food processing in stomach	Correlate structure with function of stomach	 each Describe motor function of stomach Recognize role of gastric secretions in the process of digestion Explain factors which regulate stomach emptying 	LOIS	MCQ/SAQ/ Structured viva	
Secretory functions of alimentary canal	Correlate secretions of small intestine and colon with functions	 Explain role of pancreation and biliary secretion in process of digestion Correlate secretions of small intestine and colon with functions Give absorption of various nutrients in small and large intestine 		MCQ/SAQ/ Structured viva	

Practicals/SGDs:

- 1. Perform Deep Tendon reflexes
- 2. Perform Superficial reflexes on an SP

BDS YEAR I
BLOCK III
MODULE X
RENEAL SYSTEM
Duration: 02 weeks

RENAL					
Theme/topic	Learning outcomes	Learning objectives/content	Teaching strategy	Assessment tool	
Edema	Elucidate edema types, clinical significance and factors responsible for causing edema	 Explain TBW content and its distribution in different body compartments Give composition of ICF and ECF Analyze the role of starling forces and other safety factors (lymphatics, negative ISF pressure) in prevention of edema. 	LGIS	MCQ/SAQ/str uctured viva	
Functional anatomy of kidney	Recognize functions of kidneys.	Outline the physiological anatomy of nephron and glomerular capillary membrane	LGIS	MCQ/SAQ/str uctured viva	

		List primary and endocrinal functions of kidney	
		Physiology of micturition reflex	
Glomerular Filtration	Analyze the process of formation of glomerular filtrate and its regulation	 Relate the determinants of GFR to clinical conditions. Identify the parameters involved in autoregulation of GFR and blood flow. Explain renal tubular reabsorption and secretion Discuss effects of arterial pressure on urine output (pressure nutriuresis pressure diuresis and renin angiotensin system) Discuss renal function test 	MCQ/SAQ/str uctured viva

Practicals/SGDs:

Record the normal body temperature

Learning Resources:

Subject components	Learning resources/Books		
Blood	Guyton and Hall Textbook of Medical Physiology,		
Nerve physiology	13th Edition by John E. Hall.		
Muscle			
Biological membranes, solutes and solutions	Human Physiology: From Cells to Systems, 8th Edition by Lauralee Sherwood.		
Heart and circulation			
Respiratory system			
GIT	Ganong's Review of Medical Physiology, 24th		
Nervous system	Edition (LANGE Basic Science) by Kim E. Barrett, Susan M. Barman, Scott Boitano, Heddwen Brooks. Electronic modes		
Special sensory including oral physiology			
Endocrine and reproductive physiology			
Renal physiology			

Other Learning Resources:

Hands-on activities	Students will be involved in practical session and		
Tidinds on detrythes	hands-on activities to enhance learning.		
Laka	Utilize the lab to relate knowledge to specimens and		
Labs	models available.		
	Animated videos of developmental histology to clear		
Videos	the concepts of the students shown during interactive		
	lecture sessions.		
	To increase the knowledge, students should utilize		
Computer lab/CDs/DVDs/Internet resources	the available internet resources and CDs/DVDs in		
	main IT lab/personal laptops.		
	Self-study is incorporated to help the student in		
Self-study	managing individual tasks/assignments. Student will		
-	search for information through available resources.		

Departmental Library:

S. No.	Book Name	Edition	Author
1.	Guyton and Hall	12 th Edition	JOHN E. HALL
2.	Guyton and Hall	13 th Edition	JOHN E. HALL
3.	Human Physiology	3 rd Edition	Silverthorn
4.	Principles of Physiology	3 rd Edition	Robert M. Berne Matthew N. Levy
5.	USMLE Step 1(Lecture notes)	2007-2008 Edition	KAPLAN
6.	Basis of Clinical Physiology	Volume 2	Professor M. Akram
7.	Manual of Experimental Physiology	1st Edition	Prof. Dr. Shireen Khawar
8.	Manual of Experimental Physiology	4 th Edition	Prof. Dr. Zafar Ali Choudry
9.	Practical Physiology	1 st Edition	Prof. Dr. Shafiq Ahmed Iqbal
10.	Basis of Clinical Physiology	Volume 1	Prof. Dr. Muhammad Akram
11.	Basis of Clinical Physiology	Volume 2	Prof. Dr. Muhammad Akram
12.	ACSM's Resources for Clinical Exercise physiology		
13.	System wise SEQs and MCQs with key Reference: Physiology by Guyton	1 st Edition	Prof. Dr. Samina Malik
14.	Application & Lange's Review of PHYSIOLOGY	Twentieth Edition	David G. Penney
15.	Guyton and Hall Physiology Review	Third Edition	JOHN E. HALL
16.	Human Physiology (A Study Guide for Student)		M. Yusuf Abro
17.	Lab Manual Physiology (P-1)	Second Edition	M. Mazhar Hussain
18.	Clinical Electrophysiology		
19.	Lippincott's Illustrated Reviews Physiology		Robin R. Preston
20.	Review of Medical Physiology	Twentieth edition	William G. Ganong
21.	Board Review Series Physiology	2 nd Edition	Linda S. Costanzo
22.	Clinical Scenarios in Physiology		Saqib Sohail
23.	Essentials of Medical Physiology (JAYPEE)	5 th Edition	K Sembulingam Prema Sembulingam
24.	Study Guide for Understanding Statistics	Seventh Edition	Robert R. Pagano
25.	High-Yield Physiology		Ronald W. Dudek
26.	Nerve And Muscle Excitation	Second Edition	Douglas Junge
27.	Essentials of Medical Physiology	Volume 1	Mushtaq Ahmad
28.	Essentials of Medical Physiology	Volume 2	Mushtaq Ahmad
29.	MCQ's Physiology	2 nd Edition	Vijaya D Joshi
30.	Human Physiology (MCQ's)	4 th Edition	Lan C. Roddie
31.	Practical Physiology	Second Edition	G K PAL
32.	Ganong's (Review of Medical Physiology)	23 rd Edition	Kim E. Barrett
33.	Principles and Practice of Medicine	Seventeenth Edition	Christopher R. W. Edwards

Technical Equipment and Lab Supplies:

Sr. No	Items/ Nomenclature	Sr. No	Items/ Nomenclature
1.	Blood Pressure sets	49.	Divider
2.	Bed Sheets	50.	Table bell
3.	Centrifuge machine	51.	Slide box plastic
4.	Clinical hammer	52.	Height weight machines
5.		53.	Snellen's chart
6.	Digital balance Illuminated Snellen chart	53. 54.	Revolving screen
7.	DLC counter	55.	
8.	Distillation plant	55. 56.	Syringe cutter Gallon plastic
	1	57.	-
9.	Haemocytometer	58.	Bucket plastic
10. 11.	Haemometer Haemom (start)	58. 59.	Magnetic strirrer
-	Hammer (steel)		Biopac BSL physiology
12.	Kymo graph	60.	Advance half body with box
13.	Microscope	61.	Thermometer clinical
14.	Micropipette	62.	Beakers
15.	Measuring tape	63.	Bottle with stopper
16.	Neubauer's chamber	64.	Bottler with stopper 24
17.	Opthalmoscope	65.	ESR tubes
18.	Over head projector (Apollo JL-3)	66.	Glass funnel
19.	Peak flow meter	67.	HB diluting tube
20.	Perimeter	68.	Test tubes
21.	Pipette sucker	69.	Wintrobe tube
22.	Stethoscope	70.	Urinometer
23.	Spirometer	71.	Measuring cylinders (500ml,
			250ml, 100ml)
24.	Stethograph	72.	Pipette 2ml
25.	Surgical trays (small, medium,	73.	D: 4, 5, 1
	large)		Pipette 5ml
26.	Stop match	74.	Pipette 10ml
27.	Test tube rack steel	75.	Thermometer
28.	Tuning fork (256)	76.	Ear model
29.	Tuning fork (128)	77.	Heart model
30.	Tuning fork (512)	78.	Kidney model
31.	Torch	79.	Eye model
32.	ECG machine	80.	Kidney model female complete
33.	Examination couch	81.	Stomach model
34.	Exercise cycle	82.	Lung model
35.	ESR stand	83.	Wall charts
36.	Weighing machine	84.	Coin jars (500ml) plastic
37.	White board	85.	Pricking pen
38.	White board stand	05.	Theking pen
39.	Tourniquet		
40.	Burner		
40.	Burner stand		
41.			
	Pipette stand		
43.	Screw driver set		
44.	Plaier		
45.	Glucometer		
46.	Ishihara book		
47.	Refrigerator		
48.	Stabilizer		

Summative Assessment Methods and Policies:

Internal Assessment:

- Weightage of internal assessment shall be 20 %, each for theory and practical, in BDS Professional Examination.
- The Internal Assessment shall comprise of monthly test / assignments / class presentation / send-ups /class tests / OSPE etc.
- The Internal Assessment record shall be kept in the respective department of the College / Institute and after approval of Principal, a summary as per University registration number shall be furnished to the Controller of Examinations, at least two weeks before the commencement of final examination.
- The result of all the class tests / tools which contribute towards IA will be displayed to the students during an academic year.
- The same internal assessment shall be counted both for annual and supplementary examinations. The students who are relegated, however, can improve the internal assessment during subsequent year
- Internal assessment tools of any subject may be changed after the approval of respective FBS

Annual Examination:

- The weightage of Annual Examination shall be 80%, each for theory and practical, in BDS.
- The examination comprises of a theory paper and practical/clinical examinations as per PM&DC regulations and the Table of Specifications (TOS) of the University.
- The gap between two consecutive theory papers shall not be more than two days.
- The Theory Paper shall be of 3-hours duration, held under the arrangements of the university. It shall have two parts; MCQs and SEQs for the year 2020. It may be changed after the approval of Academic Council.

Internal Examiner:

He/she shall be Professor and Head of Department who has been involved in teaching of the class being examined for at least six months and has delivered 50% of the total lectures. Second preference shall be Associate/Assistant Professor who is involved in teaching of the class and posted there for one year. Third preference shall be a recognized Professor of the subject.

External Examiner:

He/she shall be a Professor/Associate Professor of a recognized Medical/Dental College or at least an Assistant Professor with three years teaching experience in the relevant subject.

Conflict of Interest:

No person shall serve as an examiner whose close relative (wife, husband, son, daughter, adopted son, adopted daughter, grand-son, grand-daughter, brother, sister, niece /nephew, son and daughter- in-law brother and sister- in-law, parental and maternal uncle and aunt etc) is appearing in the examination. All examiners likely to serve as an examiner shall render a certificate in compliance to this para.

Paper Setting:

• Each College / Institute shall forward a set of two question papers as per TOS along with the key for each subject to the Controller of Examinations, at least three months

in advance of the annual examination. The question paper as a whole / a question without a comprehensive key shall not be considered towards final paper setting.

- The set of question papers shall be prepared by the respective Head of Department (HoD) and furnished to Controller of Examinations through Head of Institution (HoI)
- The Controller of Examinations shall approve the faculty for the final paper settinghaving fair representation of each college / institute

Paper Assessment:

- The Controller of Examinations shall approve the faculty for the theory paper marking, to be undertaken in the manner as deemed appropriate.
- The Examination Directorate shall coordinate directly with the faculty earmarked for the paper marking
- A student who scores 85% and above marks in any subject shall qualify for distinction in that particular subject.
- A fraction in aggregate marks of a subject shall be rounded off to whole number. If it is less than 0.5 then it will be rounded off to the previous whole number while 0.5 or more will be rounded off to the next whole number.

Practical Examinations:

- The Controller of Examiners shall approve the faculty to serve as the internal & external examiners.
- The number of external and internal examiners shall be equal.
- One external& internal examiner each shall be marked for a group of 100 students.
- Candidates may be divided into groups for practical examinations and be standardized by incorporating OSPE stations.
- Practical examination shall be held after the theory examination of the subject but in special cases, it may be held before the theory examination with the approval of the Controller of Examinations. For the purpose of practical/clinical examination, the candidates may be divided into sub groups by the examiners.
- The assessment of the practical examination duly signed by internal & external examiner shall be furnished to the Controller of Examinations within one week of the conclusion of examination.

Pass Marks:

- Pass marks for all subjects shall be 50 % in theory and practical, separately.
- No grace marks shall be allowed to any student in any examination.

Declaration of Result:

Every effort shall be made to declare the result of each examination within one month of the last practical examination or earlier.

Promotion:

No student shall be promoted to the higher classes unless he/she passes all the subjects of the previous class

Re-totaling:

Any student may apply to the Controller of Examinations on a prescribed form along with the specified fee.

Supplementary Examination:

The interval between a supplementary examination and the previous professional examination shall not be more than two months. There shall be no special supplementary examination.

Academic Audit:

The Vice Chancellor may get any academic matter deliberated in the manner as deemed appropriate.

Issue of Academic Transcript/Detailed Marks Sheet:

A student desirous of obtaining Academic Transcript / Detailed Mark Sheet may apply to Controller of Examinations along with the prescribed fee for each original copy.

Withdrawal/Failure:

Any student who fails to clear the first Professional in BDS or first in four chances, availed or un-availed, shall be expelled as per PM& DC policy and shall not be eligible for fresh admission as a fresh candidate in either BDS.

