<u>SOP No. 2/IS&T/INT dated 23/08/2023</u>

<u>Internet Usage Policy</u>

1. Purpose:

The purpose of this Internet Usage Policy is to establish guidelines and regulations for the use of the Internet within CMH Lahore Medical College & IOD premises including all hostels. This policy applies to all internet users in the premises connected with CMH Lahore Medical College & IOD network/internet. This policy aims to ensure a safe and appropriate online environment by blocking access to inappropriate content, including VPN clients, pornographic sites, torrent downloads, political debates, and other objectionable material. In this policy faculty, staff, and student are referred to as "Users".

2. Policy:

    a. <u>General Usage:</u>

        i. The provision of the Internet is purely intended for academic and educational purposes, as well as for personal use within the boundaries of the policy.

        ii. All users are expected to adhere to all applicable laws and regulations while using the internet services provided by the College.

        iii. Internet access will be restricted to only authorized Users who will be provided with specified credentials by the IS&T Department. This measure aims to enhance internet speed and quality. Users can only have a maximum of 02 simultaneous logins on a Cell Phone and Laptop.

3. Blocking Measures:

    a. The IS&T department has implemented suitable blocking measures to restrict access to websites and online content deemed inappropriate, including VPN clients, inappropriate sites, torrent downloads, extremist content, hate speeches, and content related to political debates or objectionable material.

    b. Any website other than educational material will be blocked at any time without any prior notice.

    c. IS&T will regularly update and maintain the block lists to ensure maximum effectiveness.

    d. Any attempts to circumvent the blocking measures or engage in unauthorized activities will be strictly prohibited.

4. **Personal Responsibility:**

    a. Users are responsible for their own online activities and must exercise caution while accessing the internet.

    b. Users are responsible to avoid accessing or disseminating any content that may be considered offensive, inappropriate, or illegal.

    c. Users should report any accidental access to blocked or inappropriate content to the IS&T department.

5. **Identifications / Reporting of Violations:**

    a. Users who become aware of any violations of this policy should promptly report them to the IS&T department.

    b. Anonymous reporting mechanisms has been established to encourage the reporting of any concerns or violations.

    c. IS&T reserves the right to monitor internet usage to ensure compliance with this policy.

6. **Consequences of Policy Violations:**

    a. Violations of this Internet Usage Policy may result in disciplinary actions, which could include but are not limited to warnings, suspension of Internet privileges, or legal consequences as applicable.